



LEGEND

-  **PARK BOUNDARIES**
and protected sea area (2 nautical miles)
-  **BEACHES**
sandy beach and stone beach
-  **CORALS**
-  **RIVERS**
-  **PEAK**
-  **MANGROVE FOREST**
-  **EVERGREEN FOREST**
-  **SEMI-EVERGREEN FOREST**
-  **DUNE FOREST**
-  **HORNBILL**
roosting sites and sightings
-  **FLYING FOXES**
roosting sites and sightings
-  **SEA TURTLES**
nesting beaches
-  **MOKEN SPIRITUAL SITES**
-  **VILLAGES**
-  **PARK FACILITIES**
office and ranger-house
-  **VISITOR CENTRE**
-  **LODGE**
-  **SNORKELLING SITES**
-  **KAYAKING TOUR**
-  **WALKING TRAILS**



Locality: Tanintharyi Region
(Boke Pyin Township)

Size (km²): 205

Altitude (m. asl): 0 - 455

Habitat types:
Evergreen Forest, Mangrove Forest, Beach and Dune Forest, Sea Grass Beds, Coral Reefs

KEY RESOURCES AND ATTRACTIONS

Forest habitat

While Lampi is mainly covered by tropical lowland evergreen forest, it is also ecologically rich in mangrove forest, thriving along the Park's rivers and freshwater sources, which are home to many species of mollusks, crustaceans and fish.



CANOEING IN THE MANGROVES

Lampi Island has two perennial rivers, both located on its western side where the best-conserved mangrove forests are found. Tourists can explore the mangrove creeks with canoes, quietly observing wildlife and beautiful landscapes.



HIKING IN THE JUNGLE

While there are no jungle trails on the main island, you can follow Park rangers or locals into the lush vegetation of Bo Cho Island and climb hills to enjoy beautiful rainforest vistas and walk along pristine white beaches.

Marine habitat

Coral reefs, seaweeds and sea grass beds that surround Lampi are important habitats for mollusks, crustaceans, echinoderms and fish, and are important sources of food for threatened species such as the Green Turtles and the Dugong, as well as for a variety of birds.



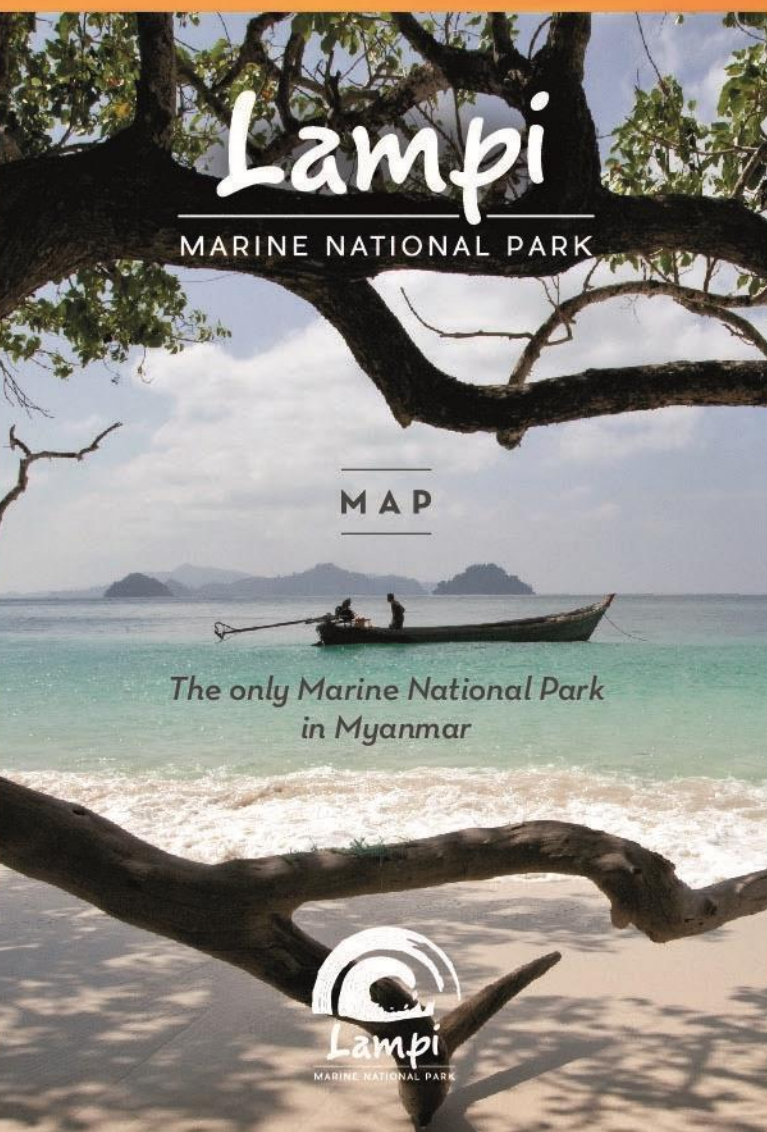
SNORKELLING

There are several areas within the Park to enjoy snorkelling and admire hard corals, a variety of coral fish and, if you are lucky, spot sea turtles and rays. Diving mainly occurs outside the Park, with licensed agents offering live-aboard cruises.



UNDERSTANDING THE MOKEN

Lampi is a place to learn about the changing lives of the sea gypsies, traditional hunter-gatherers. While a few men occasionally use spears to hunt big fish, and women continue to collect sea products from the foreshores, they no longer roam the Archipelago on their traditional Kabangs.



M A P

The only Marine National Park in Myanmar



BE A RESPONSIBLE TRAVELLER

WELCOME TO LAMPI MARINE NATIONAL PARK

Situated in the Myeik Archipelago, the Park embraces around 20 of the Archipelago's 800 islands that are spread across 600 km of the Andaman Sea. Lampi is Myanmar's only Marine National Park, declared in 1996 by the Ministry of Forestry.

International Recognitions:
 © ASEAN heritage site
 © Key Biodiversity Area
 © Important Bird Area

- DO**
1. Do talk to the locals - Myanmar people are friendly, helpful and polite.
 2. Do smile and greet people saying "Mingalaba".
 3. Do ask for permission to take pictures.
 4. Do support the local community by buying handicrafts and local products.
 5. Do ask for a local guide to take you around the village and the jungle trails.
 6. Do avoid revealing, transparent or tight clothes.
 7. Do remove shoes and socks before entering religious buildings and compounds.
 8. Do make sure you have good shoes for the jungle trail.
- DON'T**
1. Don't touch anyone on the head.
 2. Don't give sweets, money or gifts directly to children.
 3. Don't litter.
 4. Don't kiss in public.
 5. Don't buy or use illegal drugs.
 6. Don't collect seashells as many are used for habitation by marine species.
 7. Don't enter the mangrove rivers with engine boats. Only kayaks and canoes are allowed.
 8. Don't buy wildlife or wildlife products.

THE LAMPi PARK CONSERVATION PROJECT

Istituto Oikos, an Italian non-profit organisation, is working with the Ministry of Natural Resources and Environmental Conservation (MONREC) to promote the conservation and sustainable use of the Park's resources. Oikos supported the design of the Park's first General Management and Ecotourism Plans, and is assisting with their implementation by training Park staff and engaging the community in conservation education, while improving access to water, sanitation and waste management. Oikos also supports the development of community-based tourism that delivers benefits to the community and the Park's conservation objectives.

For more information, visit the website www.lampipark.org

Join us and help protect Lampi!



Fauna

The Park conserves a wide variety of habitats and a rich biodiversity, with over 240 species of birds - 19 of which listed as threatened in IUCN's Red List - 10 amphibians and 19 reptile species, about 20 species of mammals - 7 of which endangered - and 3 species of sea turtles.



BIRDWATCHING

Lampi is a birdwatcher's paradise. Colonies of Plain-pouched Hornbills roost on Ko Phawt island. And, besides birds, a colony of about 2,000 Flying Foxes can be seen emerging at sunset in Than Dar Net Island.



OBSERVATION OF SEA-TURTLES

There are several sea turtle nesting sites around the Park. From January to March it is possible to observe the tracks of egg-laying sea turtles, while during the night you can spot baby turtles hatching from eggs escaping to the sea.

The local population

Nearly 3,000 people reside in 5 settlements around the Park, including a few hundred Moken, sea gypsies that have roamed the islands of the Archipelago for over centuries. They attribute spiritual and cultural values to Lampi, their "Mother Island" and the largest island in the Park.



MAKYONE GALET VILLAGE TOUR

The tour of the main village, located on Bo Cho Island, embraces a walk along the sandy beach past Moken houses, located along the beach, through the village to the monastery that offers panoramic village views. There are opportunities to support conservation programs by purchasing local souvenirs and handicrafts, eating local food and enjoying fresh coconut water or traditional tea, while chatting with locals to gain glimpses of life in Lampi.

EXPLORE THE LAMPi MAP